

ELITE DANCE by Damian

2017-18 Schedule

MONDAY

Competitive Company

Company 4 Tap Technique	5:00-5:30pm
Company 3 Stretch/Conditioning	5:00-5:30pm
Company 4 Stretch/Conditioning	5:30-6:00pm
Company 3 Tap Technique	5:30-6:00pm
Company 4 Jazz Technique	6:00-7:00pm
Company 3 Ballet Technique	6:00-7:00pm
Company 4 Ballet Technique	7:00-8:00pm
Company 3 Jazz Technique	7:00-8:00pm
Company 3 & 4 Combo/Improv	8:00-9:00pm

Elite Training Program

ETP Tap	6:00-6:30pm
ETP Stretch/Conditioning	6:30-7:00pm
ETP Jazz Technique	7:00-8:00pm
ETP Combo/Improv	8:00-9:00pm

TUESDAY

Level 2 - (Ages 7-8)

Competitive Company

Company 1/Level 2 Ballet	5:00-6:00pm
Company 2 Acro/Tumbling	5:00-6:00pm
Company 5 Stretch/Conditioning	5:00-6:00pm
Company 1/Level 2 Acro/Tumbling	6:00-7:00pm
Company 2 Ballet Technique	6:00-7:00pm
Company 5 Jazz Technique	6:00-7:00pm
Company 1/Level 2 Jazz Technique	7:00-7:30pm
Company 1/Level 2 Tap Technique	7:30-8:00pm
Company 2 Jazz Technique	7:00-8:00pm
Company 5 Ballet Technique	7:00-8:30pm
Company 2 Combo/Improv	8:00-8:30pm

Company 2/3/4 Hip Hop

8:30-9:30pm

WEDNESDAY

Creative Movement (Ages 3-4)

5:30-6:00pm

Tiny Tots Combo (Ages 5-6)

6:00-7:00pm

Boys Tap

7:00-7:30pm

Boys Hip Hop

7:30-8:30pm

Competitive Company

Company 3 & 4 Acro/Tumbling

5:00-5:45pm

Company 3 & 4 Stretch/Conditioning

5:00-

5:45pm

Company 3 Ballet Technique

5:45-7:00pm

Company 4 Jazz Technique

5:45-7:00pm

Company 3 Jazz Technique

7:00-8:15pm

Company 4 Ballet Technique

7:00-8:15pm

Company 3 & 4 Pointe Technique

8:15-9:00pm

THURSDAY

Level 3 (Ages 9-12)

Level 3 Ballet/Lyrical Technique

5:00-6:00pm

Level 3 Jazz/Contemporary Technique

6:00-7:00pm

Level 3 Hip Hop

7:00-7:30pm

Level 3 Acro/Tumbling

7:30-8:00pm

Competitive Company

Company 2 Tap Technique

5:00-5:30pm

Company 2 Stretch/Conditioning

5:30-6:00pm

Company 1 Jazz/Routine

5:00-6:00pm

Company 2 Ballet Technique

6:00-7:00pm

Company 1 Tumbling

6:00-7:00pm

Company 2 Acro/Tumbling

7:00-7:30pm

Company 2 Jazz Technique

7:30-8:30pm